The Harborview

In this edition: Prom asking Do's and Don'ts, movie reviews, sports, and more!

Volume 52 Edition 6

Cold Spring Harbor High School

February 2014

Once Upon a Mattress

By: Dylan Beder and Andrew Lippe

Once upon a time in a faraway kingdom, there lived a tyrannous queen, a mute king and the lonely prince Dauntless. The poor prince searched and searched for a princess to wed only to be denied by his mother, the queen, who would give each princess a test that was nearly impossible to pass.

After 12 princesses, the prince was just about ready to give up. But, the law of the land stated that "Nobody may wed until the prince shares his wedding bed". This was a major issue for the Lady Larken, who discovered she was bearing the child of Sir Harry. So, Sir Harry set out to find a "true princess" for prince Dauntless, and brought back Princess Winnefred of the Swamps.

In classic fairytale style, Princess Winnefred and Prince Dauntless hit it off, to the dismay of the Queen and the delight of the people of the Kingdom. But she still had to pass the queen's test: she must be sensitive enough to have trouble sleeping on 20 mattresses with a pea underneath them. With a little help from the Minstrel, the Jester, the King and Lady Larken (who hid a lot more items then just a pea under the mattresses) Winnefred passed and they all lived happily ever after!

"Once Upon a Mattress" premiered on Friday, February 7th. The show featured Nina Riffaud as Winnefred, Charlie Wideska as Prince Dauntless, Andrew Lippe as Sir Harry, Emily Gallagher as Lady Larken, Victoria Campbell as the Queen, Buck Andrews as the King, Joseph Ball as the Minstrel, and Tim Sherlock as the Jester. This show was directed, as always, by the wonderful Mrs. Melissa McLees, and assistant director Mrs. Helen Murdock-Prep. All three shows went swimmingly, and cast and crew are already looking forward to their next production.

Students Saving Lives

Calling All Writers!

By: Peri Colon

Recently, our school has taken part in an annual blood drive run by the New York Blood Center, who is currently serving 20 million people in New York, New Jersey, and beyond since 1964. Due to recent blood shortages, student donations were critically important.

Cold Spring Harbor students were eager to sign up and get involved in this potentially life-saving event. Each student who volunteered was able to donate one pint of whole blood. 120 students donated at this year's blood drive, therefore a total of 120 pints of blood was given.

The impact of giving blood on both the donor and the

5th annual teen essay contest.

Providing networking and support

groups, workshops, lectures,

and social activities, the essay

contests' sponsor, the Gilda's

Club NYC creates welcoming

communities of free support for

everyone living with cancer- men,

women, teens and children- along

By: George Carmi

donating is huge satisfaction. According to Mr. Borland, the newspaper's faculty advisor, "It is a civic duty that we should all do... I've been on the receiving end of this, and the benefits are huge."

Junior Shannon O'Neill said, "It felt really good after, because I know that I was making a difference, so being pricked with a needle once is really nothing compared with what the people who need my blood are going through."

Even if a student wasn't eligible to have their blood taken, he or she was still given the opportunity to be a part of the experience and help out classmates and teachers participating in the drive. The blood drive is an experience of great satisfaction and a great way to know that you are making an impact on someone's life who needs it.

Almost 2,000 men, women, and children in our community, including cancer, transplant and surgery patients, trauma victims, newborn babies and several others need blood transfusions each day. Blood is needed every single day. Many people depend on blood transfusions to survive. 1 out of every 3 people will need blood during their lives. With the opportunity to donate blood, you may be able to save someone's life.

To enter, submit your

essay by May 16, 2014. Entrants

must be in grades 9-12, living

in Long Island or NYC and the

recommended essay length is

500-2000 words. And lastly, of

course, the awards, 1st place is

awarded \$500, second is awarded

\$250 and third is awarded \$150.

The Rise and Fall of Flappy Bird

By: Katie Tuvenson

Flappy Bird has become the latest craze for kids and adults alike across the globe. The main objective of the game is very simple; you want to fly the bird as far as you can to obtain the highest score possible, without dying. The character which you control in this game will be a yellow or red bird.

In order to play this game you must download the app in the app store, which is conveniently free. To control the bird, tap your screen which will cause the bird to fly higher. Try to fly the bird through the green pipes which are tactically placed throughout the game. After the bird successfully flies through one of the green pipes, the score increases by one. One point is added to the total score, after each green pipe is flown through. A variety of medals can be earned at the end of each round depending on the score obtained. Bronze is earned after reaching

a score of around 10, and silver, gold, and platinum can be earned with higher scores.

In February "Flappy Bird" was the highest ranked free app in 53 countries. Although it sounds like a very simple game, it is much more frustrating and addictive than one would imagine. Flappy bird has received a mixture of responses, but the most common response is one of addiction and obsession along with annoyance and irritation.

Unfortunately the owner of the game, Dong Nguyen, took this negative feedback to heart as it reached an ultimate high, and it pushed him to take the app down from the store. He thought it was bad people were getting so hooked to the game. He believed that the app stressed people out as opposed to relaxing them which was all he wanted "Flappy Bird" to do. The game became one of the most popular apps and now it is not even available to download.

"It's Always Something" Entry only requires you returns to New York for its to write an essay about how cancer

with their families and friends.

to write an essay about how cancer has touched your life- whether you have it, had it, or know someone who has. Finalist entries will be read by a panel of celebrity judges, including Tonya Hurley (NY Times Bestselling author), Ally Condie (International Bestseller), and Margaret Stohl (Author of ICONS).

Huntington Native Competes in





Sochi

By: Emily Krusos

The XXII Winter Olympic Games began on Friday, February 7th in Sochi, a summer resort town in Russia. Our community is abuzz with anticipation, but no one is more excited than the Mortensen family in Huntington Station. Twenty-eight- year-old Matt Mortensen made the Olympic team for the first time and will be competing in Sochi with his luge partner Preston Griffall of Salt Lake City, Utah. The pair was just 17 hundredths of a second shy of qualifying for the 2010 Olympic Games which were held in Vancouver, British Columbia, Canada.

Mortensen has been training for the luge for more than half of his life. Matt had to travel to either Lake Placid or Michigan to practice while his entire family, including six siblings, stayed on Long Island. His father works for Verizon and his mother is a director in the business office at the Huntington YMCA. His 87-yearold grandmother, Virginia Mortensen, who has always supported Matt's luge career, will be in Sochi with Matt's parents and his girlfriend of three years, Jennifer Kutys, to watch her grandson.

In order to help finance his luge career, Matt joined the U.S. Army and became a member of the World Class Athlete Program. He is now a sergeant in the New York Army National Guard and a member of the 1156th Engineer Company in Kingston, New York. Matt feels indebted to the armed forces, saying that the army was "instrumental in helping me make the team."

Regarding his performance at the Games, Matt said, "I don't need a medal to be successful at the Olympics. I want to have good runs and do the best I can do." All his friends and family in Huntington Station will be rooting for gold! Be sure to tune in to watch Mortensen compete in the doubles competition on February 12th. He will also be competing on February 13th in the team relay, which includes a men's and women's singles competitor. This relay competition is making its debut at the Sochi Games.



Opinion

Surviving Junior Year A Column Preparing for APs

By: Daniella Rizos and special guest writer Sommer Dougherty

Now that we have reached the third quarter, APs are looming on the horizon and it's looking like a monsoon. This month's edition will be aimed at helping the juniors to prepare for the tests without all the stress. Tip 1: Start Early!

Time is precious. While the year before, most students only had one AP to study for, now they must think of doing all that work times two, three, or even four! The earlier you start, the more time you have to prepare. A lot of the teachers in our school recommend to start around April 1st which gives you about a month. If you think you might need more time to study, starting before this date is good too. It is up to you and how you think you need to study to get that 4 or 5. Cramming is never a good idea. A week before the exam, you don't want to realize how little you know and regret not studying. Even if you feel comfortable with the information to know, take multiple practice tests (see tip 3).

Tip 2: Plan out your studying.

Make a plan and stick to it. Make sure your plan is reasonable. Creating a plan to study every night for two hours per test every day might be hard to accomplish on top of all you other homework, extracurricular activities, etc. If your weeks are busy, plan to do most of your studying on the weekends. If your weeks are generally uneventful, do the bulk of the studying during the week. Every plan should be personalized. If your friend tells you they are going to study five hours a day, don't feel you have to match that.

Tip 3: Practice is key.

Just like doing practice tests for SATs and ACTs you want to take the same approach for your APs. Practicing is one the most important aspects of studying. Doing the practice tests will help to familiarize yourself with the information the tests mostly focuses on. It will also familiarize you with the types of questions asked and the timing of each section.

Tip 4: Rest up the night before.

Resting the night before is crucial to doing well the next day. Make sure to go to bed early and get a lot of sleep. If you feel it is necessary, you can do a little reviewing but nothing too strenuous and intense. You want to be feeling your best the next day and studying really hard the night before may impede on your success.

Should Juniors Drive to School

By: Surendra Singh

Should Students in 11th grade (juniors) with a New York State driving license be able to drive to school? Cold Spring Harbor High School says "No."

There would be many Pros to allowing juniors to drive to school. First off it allows students to become more independent and attend more after school activities without having to worry if they can get a ride home. This also allows students to have more practice and boost the confidence of new drivers instead of prolonging the practice until they are seniors.

Where do students travel to? School, sports, clubs, and home seem to be the only destinations.

An anonymous junior says "The school is limiting our right to drive and I have waited a long 17 years to drive so I think it's not fair for the school to make us wait another year while in other districts juniors can drive."

Eliminating the rule that is perceived by many as outrageous would eliminate the chance of any issues between juniors who secretly drive to school and the surrounding neighbors who have had issues.

Additionally, permitting juniors to drive to school allows the few who have multiple free periods have a larger variety for lunch thus reducing the size of the never ending lunch lines.

However there are several cons to allowing juniors to drive as of now there are barely enough parking spaces to accommodate only the seniors and staff. So unless the school can somehow construct more parking spaces to accommodate the juniors, it is impossible.

Another reason why juniors should not be able to drive to school is that getting out of the school at the end of the day is always a hassle and many people rush out in order to avoid getting stuck behind the buses.

If juniors drive to school then it would take forever to leave the school. In addition, allowing juniors causes a safety hazard.

"I don't believe students should be driving unless they are 17 years old and have completed the Driver's Education Program" says faculty secretary Ms. Curly. Overall the rule that bans juniors from driving to school will stand unless somehow the school constructs more parking to accommodate them.

Startling Increase in Drunk Driving

By: Juliana D'Alleva

This year, 1,200 people will lose their lives during the holiday season as a result of alcohol-related traffic accidents. The United States Department of Transportation reported that from 2001 to 2005, an average of 45 people died each day during the holiday season, with the largest number of drunk driving fatalities occurring during Thanksgiving.

According to Mothers Against Drunk Driving (MADD), deaths from drinking and driving spike around the holidays, with alcohol being blamed for about 52 percent of fatal collisions on Christmas and 57 percent on New Year's compared to a rate of 41 percent for the entire year. In addition to the more than 1,200 alcohol-related deaths that will occur on the road this holiday season, the Centers for Disease Control and Prevention (CDC) estimate that more than 25,000 people will be injured.

The good news is that there has been a steady decline in the rate of alcohol-related deaths on the nation's highways during the holidays. Statistics gathered by the National Highway Traffic Safety Administration (NHTSA) show that in 1982, there were more than 2,600 deaths due to drinking and driving -accounting for 60 percent of all accident fatalities. Recent years, however, have witnessed about 1,200 fatalities, or roughly 40 percent.

The discouraging news, however, is that underage drinkers are responsible for between 10 and 20 percent of all alcohol consumed and that, during the holiday period, 21- to 24-year-olds repeatedly make up the highest percentage of impaired drivers. Another negative trend is that arrests for women driving under the influence increased by 29 percent from 1998 to 2007, while DWI arrests for men fell by eight percent. However, the number of men arrested during that period was still four times that of women.

Take Steps To Protect Yourself

Do's and Don'ts of Promposals

And Others:

Even with the steady decline in fatalities, the number of drivers with DWI arrests is on the rise. It is estimated that there are as many as two million drunk drivers with three or more convictions and more than 400,000 with five or more DWI convictions still behind the wheel. Here are five steps you can take to help avoid becoming a statistic:

1. If you drink, don't drive no matter how little you think you've had.

2. Don't let someone you know get behind the wheel if they've been drinking.

3. Avoid driving during early and late evening hours on holidays.

4. If you must drive, be cautious and watch for the erratic movements of drunken drivers.

5. Immediately report suspected drunk drivers to the police.

Parents in the Parking Lot

By: Haley McLaughlin

Along with the college application process, there is one frustration that the entire 12th grade shares on a daily basis. That frustration is the high school's parking lot in the morning. If you are like me and you tend to arrive at school right before the bell rings (around 7:40) then you have experienced the back-up of cars that sit on the hill entering the school every morning.

The clogged lines of cars are filled with a combination of seniors and parents dropping their kids off. What makes this flooding of cars most annoying is the fact that many parents believe their time is more precious than all of those around them. Many parents cut into front parking spots to drop their kids off in order to avoid sitting in the long line exiting the school. Because this fills up many of the front row of spots, seniors are forced to park in the back. Each morning I watch the time pass and I become later and later as I sit in that line. Once it is past 7:45, the younger kids start to get out of their parents cars and walk toward the building. This would be completely fine and understandable, if they did not take their sweet time. Meanwhile, all of the senior drivers including myself are sitting behind one car that won't move up in the line because a 7th grader has to get his 100 sports bags out of the trunk.

that is our school's parking lot to my parents, their response is that I should stop coming to school late. But I'm technically never late. I usually reach the bottom of the hill at around 7:37, but by the time I am parked and walking into the school, its 7:47 or later. There should not be 10 minutes worth of traffic in such a small parking lot.

It is obvious that the school would benefit from not only a larger parking lot, but also more exits. With more exits, parents wouldn't have to sit in a long line leaving the school, and therefore wouldn't cut through parking spots and cause a ruckus in the parking lot. In addition, more seniors would be on time for 1st period. Happy parents. Happy seniors. So then what's the problem? Well, about 50 years ago when Cold Spring Harbor High School was created, it was apparently decided that the best location for a growing public school would be at the top of a small hill. This means that there is limited space for new exits to be paved. If the school had decided to pave more exits 20 years ago when it was much smaller, we'd be fine. But now because of all of the houses that have been built around the school's perimeter, it is too late. The only solution left is for all non-seniors to take the bus. This is not only the more earth-friendly option, but it would significantly reduce the parking lot's clutter.

Whenever I express my frustration about the nightmare

By: Maggie Fitzsimmons, Kirsten Morgan, and Peri Colon

Here to discuss your first and worst nightmare as a junior. Not SATs, ACTs, not APs, but prom. With just three months to the big day (May 16th), the stress is on. Especially for you boys...don't fret, we are here for you. If you are looking for ways to ask that special girl (or you girls to guys, girl power!), then this is the article for you. We have accumulated a few ideas about some "do's or don'ts" of the invitation process, with these ideas coming from not only people with experience, but people with class.

First, you MUST know if your date-to-be is looking for that public or private invite. You do not want to let them down with an impersonal invite. Here are some "don'ts"...

- Do not ask via social networking. Absolutely no text messaging or iMessaging involved. No facebooking, no twitter, and please, no Instagram.
- Secondly, nothing cheesy. Please, let's keep the Gouda out of this (unless you are Channing Tatum and Amanda Bynes in "She's the Man").
- Do not ask someone unless you are comfortable with spending the whole day together.
- Do not ask someone just because you feel pressured by her friends...do what you want.

Now for some "do's" ...

• If your date is the kind

of person that does not mind the spotlight, think outside the box and come up with a creative way to pop the question.

- Keep it on the down low. Everyone loves surprises, if he or she knows it is coming it may ruin the effect.
- If you are not looking for a public spectacle, don't forget, there is nothing wrong with the classics. Do not be afraid to keep it simple; roses and chocolate will do.

Stay tuned! Our next article will include a super exclusive interview from our former Prom Queen and King, giving you the inside scoop about your upcoming night to remember.

Entertainment



The Wolf Of Wall Street

By: Haley McLaughlin

In Martin Scorsese's new hit (or miss), Wolf of Wall Street, we watch the ugly rise and fall of the fraudulent Wall Street broker, Jordan Belfort. Based on the true story, written by Belfort himself in his biography, this film is thrilling, deplorable, vulgar, and ultimately exhausting. After three hours, you'll probably need a quick nap before you can comprehensibly discuss the thrills of this remarkable movie.

It seems that the majority of the magic lies in Leonardo DiCaprio, whose delivery of Belfort give us the most hate-able protagonist we've seen. He starts off as a young stockbroker just looking to make enough money to provide for his wife, but quickly turns into a disgusting, deceptive, and shameless con man- stealing ridiculous amounts of money from each of his clients. Belfort's enormous personal fortune accumulates with Stratton Oakmont, an investment firm he founds in an abandoned Long

What makes this character so electric is not only DiCaprio's over the top (but still suitable) acting, but specifically his comical narration of what exactly he was doing. Walking through scenes of his obscene wealth, Belfort looks dead into the camera and confesses, with a devilish grin, that none of this was legal. DiCaprio creates an antihero who is larger than life itself, making it understandable that the actor has decided to "take a break" for a while after this maniac of a movie.

What caught this film so much outrage was the incredibly crude and shocking use of drugs and nudity in basically every other scene. Being rated R, this is definitely for a mature audience. But this is exactly the reaction Scorsese was looking for. It actually speaks to how perfectly this movie was put together. It's meant to be appalling to the point of no return- glamorizing without endorsing.

The other reason for the backlash at Scorsese is the suggestion that Belfort's hideous actions are glorified rather than condemned. Focusing more on his rise to the top than his fall, the film completely ignores a crucial part of the equation: the victims of the fraud. But, then again, that wouldn't be nearly as fun, would it? When the party comes to an end in 1998, we expect to feel a sense of justice, as the FBI indicts Belfort for securities fraud and money laundering. But with a much-reduced sentence and a little time on house arrest, it doesn't quite feel like he's really paid the price.

The bottom line is this: if you're under 17, wait a little while to watch it. If you're 17 or older, try not to see it with your parents (unless you want to be uncomfortable for three hours). But don't let this scare you away. Wolf of Wall Street is wild, overpowering, exhausting- and worth every minute.

Beyoncé's New Album

By: Cami Nichols

Island garage.

The very well- known Beyoncé Knowles has just recently released a new album. This album named "Beyoncé" is not just any album. It is different from her others because there was absolutely no publicity about it; it was all secretly done.

Beyoncé dropped this ise album, and it was I

week after the album came out, she had already sold 374,000 copies!

The album has 14 songs, and the crazy part is that they all have music videos! The fact that there were no leaks, even while doing 14 music videos (some of them in public), is truly amazing.

Her song "Blue" is made honor of her daughter Blue Ivy.

video for this song, and has now broken the record of being the youngest child to ever rank in the Billboard charts.

Beyoncé's music videos feature Jay-Z (her husband), Justin Timberlake, Frank Ocean, and many more. This is truly a movement, and Beyoncé's surprise album release may be an viration for other artists as well

Will the Real Jack Ryan Please Stand up?

By: Emily Krusos

Although best selling author Tom Clancy died last year at age 66, his film legacy lives on with the January 17th release of Jack Ryan: Shadow Recruit. Before this debut, four feature films, totaling a worldwide box office gross of more than \$788 million, have been released based on Clancy's successful Ryan series. This makes the Clancy movies the 57th highest-grossing film series in movie history. In these four films, three different actors - Alec Baldwin, Harrison Ford, and Ben Affleck - have played the leading role. With the newest release, a fourth actor, Chris Pine, steps into Jack Ryan's shoes. Such a variety of leading men begs the question: Will the real Jack Ryan please stand up?

In Clancy's series, the character of Jack Ryan is a sixfoot-one former U.S. Marine who becomes a successful stockbroker in Baltimore, a PhD, a CIA consultant, National Security Advisor to the President, and ultimately the President of the United States of America. To play this role, Hollywood needed to recruit an impressive leading man. With Baldwin, Ford, Affleck, and Pine, how could you go wrong? However, the question remains: who played it best?

Clancy's first novel in the successful Ryan series, The Hunt for Red October, reached the New York Times national bestseller list after former President Ronald Reagan pronounced it "the perfect yarn." The book sold more than 5 million copies. The movie, which was released in 1990 and starred Alec Baldwin in the leading role, grossed more than \$200.5 million worldwide and won an Oscar for sound editing at the 63rd Academy Awards ceremony. Baldwin grew up on Long Island, graduated from NYU, and is perhaps best known for his Emmy Award winning role in NBC's sitcom 30 Rock.

The second film of the "Ryanverse" series is *Patriot* Games, which was released in 1992, and grossed \$178.1 million. Since it grossed less than \$22 million compared to Baldwin's

Hunt for Red October, it would appear that the public liked Alec more than Harrison. However, Ford reprised his role as Jack Ryan in Clear and Present Danger, the movie based on Clancy's 1989 novel of the same name that sold more than 1.6 million hardcover copies, making it the #1 bestselling novel of the 1980s. The film grossed almost \$216 million, which thus far is the most lucrative Jack Ryan movie. With this success, perhaps the public has cast its vote for Harrison Ford as being the best Jack Ryan actor. This is not surprising since Ford is the third highest grossing U.S. domestic box-office star with starring roles in such popular films as Star Wars, Indiana Jones, and Blade Runner.

Ben Affleck took over the role in The Sum of All Fears, which came out in 2002 and made just under \$194 million. Affleck is an Academy Award Winner for Best Original Screenplay for Good Will Hunting and, more recently, for Best Picture for Argo. Since he is not starring as Ryan in the latest release, it is safe to say that he is not the favorite Ryan.

Shadow Recruit is the first Jack Ryan film not based directly off one of Tom Clancy's novels. The screenplay was conceived and written by Hossein Amin. Years ago, it was rumored that Ryan Gosling would be featured in the leading role with the movie title By Any Means Necessary. A couple years later, it was revealed that Chris Pine would take over as Jack Ryan with a new feature title, Moscow, which was subsequently changed to Shadow Recruit. The industry has high hopes for Chris Pine, who is arguably one of the hottest young actors in Hollywood right now and perhaps best known for his role as James T. Kirk in Star Trek and for his roles in Unstoppable and This Means War. The film opened with disappointing box office results, grossing just over \$15.5 million in its opening weekend, less than half the opening gross the franchise enjoyed in the 1990s. Pine may be a rising star, but he will be hard pressed to match the success Harrison Ford enjoyed as

after just three days! The first full Blue was featured in the music

Jack Ryan.

/alentine's Day Jokes

By: Daniella Rizos

What's Valentine's Day without some good corny jokes? Share these with your friends and family to show them how much you care about them!

- What did the stamp say to the envelope on Valentine's Day?
 - I'm stuck on 0 you
- What do farmers give their wives on Valentine's Day?

- Hogs and kiss-0 es!
- What is the difference between a calendar and you?
 - A calendar has 0 a date on Valentine's Day!
- What did the painter say to her boyfriend?
 - I love you with 0 all my art!
- Do skunks celebrate Valentine's Day?

- they're Sure. 0 scent-imental!
- What did the man with the broken leg say to his nurse?
 - I've got a crutch 0 on you!
- What do you call two birds in love?
 - Tweethearts! 0
- What did the chocolate syrup say to the icecream?
 - \circ I'm sweet on

you!

- What did the paper clip say to the magnet?
 - I find you very 0 attractive!
- What did one pickle say to the other?
 - You mean a 0 great dill to me!
- What did the bat say to his girlfriend?
 - You're fun to 0 hang around with!

- What's a vampire's girlfriend called?
 - o A ghoul-friend
- What did the boy cat say to girl cat on Valentine's Day?
 - You're 0 purrfect for me!
- What did the pencil say to the paper?
 - I dot my eyes 0 on you!

Sports



Girls' Varisty Track Wins Conference Championship By: Shannon O'Neill First place

10

Kelly

Jane

Kelly

Malisa

Sara

Gianna Missano

Lindsey Willcocks

Insinga

Long Jump

Gandevani

Fifth place

Katovitz

Triple Jump

Triple Jump

Sixth place

McLymont

Shot Put

D'Angelo

Pole Vault

First place

Pole Vault

Foxman

%206.htm

Second place

Danielle Rattotti 10

place

Fourth place

Alexia

Malisa

Emma

Gabby

Third

Sara

4

2

1

6

8

To view the girls' placements

just-in-time-racing.com/WT%20

and times visit http://www.

2014%20Results/Girls%20

Conference%20Results%20

Alexandra

By: Shannon O'Neill Sunday January 26. 2014 marked the title win of Conference 6 Champions for the Cold Spring Harbor Girls Varsity Winter Track team. The competition was close until the ultimate seconds of the last race. The final score was Cold Spring Harbor with 93 points, followed by Clarke with 91 points, then Oyster Bay with 83 points. This was one of the most exciting meets of the year and Cold Spring Harbor girls walked away with 8 first place winners and 2 second place winners.

Key Stats that won the girls all of their points: 3000 meter run First place Daniela LoCastro 10 1000 meter run Sixth place Kaylie Tighe 1 600 meter run Sixth place Shannon O'Neill 1 1500 meter run First place Isabelle Harouche 10 1500 meter race walk

Lindsey Foxen 1500 meter race walk Second place Heins 8 4x800 meter relay First place Blumin 10

Daniella LoCastro

Shannon O'Neill

Isabelle Harouche 4x400 meter relay Third place Heins 6 Gandevani Lindsey Foxen

Kaylie Tighe 4x200 meter relay Third place Foxman 6

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Harborscopes

Fencing

By: John Toomey

On February 1st, several members of the Cold Spring Harbor Varsity Fencing team participated in the county individual tournament. Fencers of all weapons from the different teams must qualify by fencing and winning a minimum number of bouts in the regular season. Then, these selected fencers participate in five pooled bouts to determine seeding, followed by direct eliminations. By the end of the day, a final ranking is determined and awards are given to the top eight fencers in each weapon.

The tournament was held here at the high school this year, and the Seahawks were well represented. Foil Corey Solomon, and epees Alek Sajewski, Tyler Varacchi, and John Toomey qualified for the men's team while sabres Alexa Cozzoli, Brianna Weinstein, and epees Rachel Weinstein and Riley Schwartz qualified for the women's.

The final ranking left Corey Solomon in third place for foils, Alek Sajewski in ninth, John Toomey in thirteenth, and Tyler Varacchi in fifteenth for epees. Alexa Cozzoli came in second for sabres, while Brianna came in seventh. Rachel Weinstein finished in second place in women's epee and Riley Schwartz finished fourth. Over all, it was a very successful day for Cold Spring Harbor.

All-County Teams were also honored at the individual tournament with Alexa Cozzoli, Brianna Weinstein, Riley Schwartz, Rachel Weinstein and Corey Solomon being recognized.

Rachel Weinstein received the "Fencer's Fencer," award, a peer recommended honor voted on by the captains of each team dictating what other fencers exhibit the important qualities of a teammate.

individual The tournament served as a positive ending to a negative season for the fencing team. Led by coaches Lauren Wangner and Richard Thau the boys' team struggled to maintain enough fencers to put forth a full team and ended up winning just one bout, against Wheatley. They did not make the playoffs. The girls' team was more successful, making the playoffs over Wheatley and Hewlett. They ended up losing in the first round to top seeded Oyster Bay.

"The season went really well," said senior epee and girls' team captain Riley Schwartz, "The girls' team did a lot better than I was expecting because over half the team was made up of new fencers. Everyone worked really hard and it paid off because we ended up winning seventh place."

Gymnastics gie Fitzsimmons and as Mr. B. His las

By: Maggie Fitzsimmons and Kirsten Morgan

This year, the Varsity Gymnastics team has had an outstanding season. Their undefeated record is a tremendous improvement from previous years. Emily Samuels, co-captain with Gen McCann, shared with us her personal success at counties where she placed 14th out of 31 on beams. Only one other team member went to counties alongside her, Shannon Faye, on bars.

The team has a new coach this year, Terri Kindleman, who led the team to success. She also works at Gold Medal Gym in Huntington and gave the girls lots of help with their own skills. This year the girls had a big meet in honor of a previous coach, known as Mr. B. His last year coaching was in 2009 but he remained a huge help in coaching the girls. Sadly, he passed away this past summer. The girls decided to honor him with a meet that brought many gymnastics alumni back to the school.

Although the team only had 12 members, the girls were a close knit group, ranging fromgrades 8 to 12. Due to the two-hour practices each day, the team bonded to form a group of close friends. Both captains were very content with the chemistry of the group and put in lots of effort to make a great senior day for Ashley McAuley and Carli Edelstein.

Hopefully the team's outstanding season will set the terms for years to come.

By: Shannon O'Neill

AQUARIUS January 21-February 19 Aquarius are well known for being social. You have many friends from different schools and you love to make new friends. This month you should try to strengthen your relationships with your best friends. Recently you have been drifting. Although it is nice to have many friends, it is more important to have a few best friends that will be there for you in the end. Friends come and go but best friends are forever. PISCES February 20-March 20 Pisces are known for being empathetic. This is a quality that you are loved for. Friends always know that they can talk to you and trust you with their problems. Recently you have been very stressed, try not to let it bring you down. ARIES March 21-April 20 Aries are well known for their self-confidence. You have recently become very competitive, your self-confidence

has led you to believe that nobody can beat you. Don't become too conceited because soon you will others enjoy the spotlight every now and then. CANCER June 22-July 23 Cancers are well known for their moody personalities. When you don't feel like talking to someone, you let them know. This month try hard to not take out your emotions on other people. Exercise when you are feeling bad, and eat healthier. Try to smile more this month and make a conscious effort to be happy. Life is too short to be anything but happy. more outgoing and your stress levels will be lowered greatly. You typically are the planner of your

groups. You typically don't like change but a slight change in atmosphere could be very good for your mental health. SAGITTARIUS November 23-December 21 Sagittarius are prone to change and are quite restless. You also have trouble making decisions. This month you will be struggling with a conflict and you will have trouble making up your mind. Go with what makes you happy rather than what others want you to do. "Do what you like and like what you do." Thursday will be your lucky day this month. **CAPRICORN** December 22-Jaunuary 20

be challenged by an opponent that will put you in your place if you don't become more modest. Rely on your skills and you will be able to compete with just about anyone. TAURUS April 21-May 21

Taurus are infamous for holding grudges. You must learn to forgive and forget. This month work hard to resolve that age-old conflict with one of your friends. Communication is key; share your feelings with your friend and forgive him/her for what he/she did. In the end you will be happier and have a clearer conscience.

GEMINI May 22-June 21 Gemini have friendly

personalities. You are known to love big crowds and you are often thought of as the life of the party. You love attention and you have been known to get angry if you are not the focus all the time. This month you should try to let

LEO July 24-August 23

Leo's are known for craving attention. You want all eyes on you all the time. You excel in a certain area much more than people know you do. This month you should take some time to share your hidden talent, this will help you achieve even more attention!

VIRGO August 24-September 23 One of the characteristics of Virgos is that they are perfectionists. This month you should try to go with the flow. Be friend group, but this month you should let someone else take the reins.

LIBRA September 24-October 23 Libras have a reputation of being timid. In large crowds you don't typically voice your opinion, but this month you should try to speak up more. Although it is important to have some alone time, right now what you need is to be social and be with friends. Socializing will help you distress and will get your mind off any thoughts that are troubling you now.

SCORPIO October 22-November 21

Scorpios are very well known for being optimistic. You always try to look for the best in situations and see the best in people. This month you should branch out of your normal friend group and try mingling with a new crew. Due to your positive personality, you will be easily accepted by many Capricorns are known for being hard workers. This month keep working hard but don't forget to pick up your head and take some time to enjoy life. You don't want to miss out on the good things. "Life isn't measured in the breaths you take, but in the moments that take your breath away.Saturday is your lucky day this month.